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PRESS RELEASE

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FOR IMMEDIATE RELEASE

Lloyd Center hires director for 2008 'Coaching' program

San Anselmo, Calif., Sept. 25 – Carolyn Foster has been named the Director of Coaching for the Lloyd Center's "Coaching for Leadership" program that will launch in 2008.

The program, designed to focus on helping clergy develop effective pastoral leadership skills, will be for clergy of all faiths who need assistance in strengthening their leadership, communication, conflict resolution and strategic planning skills.

The coaching model has become increasingly popular as a relatively inexpensive and efficient way to help pastors become more effective in ministry.

Foster currently runs a successful coaching business, Creative Choices, where she works with clergy, business owners and corporate executives throughout the Bay Area. She specializes in designing and leading programs in the areas of transitions, leadership, creativity and fulfillment. She is a popular teacher, retreat leader and writer.

Author of the 1993 national best seller, "The Family Patterns Workbook," Foster has a master's degree in Marriage, Family, Child Therapy through the American Academy of Family Studies. For eight years, she taught in and administered a graduate program in psychology at the California Institute of Integral Studies in San Francisco, and she is currently faculty for the School of Applied Theology, a sabbatical and retreat program, affiliated with the Graduate Theological Union in Berkeley.

Foster is an ordained elder in the PC(USA) and long-time active member of Stone Presbyterian Church in San Jose and currently a member at Seventh Avenue Presbyterian Church in San Francisco.

The Coaching for Leadership program is made possible by a grant from The Longbrake Family Foundation.

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